



SPORTS MEDICINE

Hudson Valley Bone and Joint Surgeons

24 Saw Mill River Road
Suite 206
Hawthorne, NY
914.631.7777

819 Yonkers Avenue
Yonkers, NY
914.375.7777

www.hvbjsurgeons.com

Centrally located, with offices in Hawthorne and Yonkers, Hudson Valley Bone and Joint Surgeons continues to bring the best orthopedic care and service to patients.

HVBJ Surgeons is proud to announce *Xpress ORTHO*, Westchester's first Walk-In Orthopedic clinic dedicated orthopedic-related injuries and hours compatible with after-school activities! *Xpress Ortho* is located at 819 Yonkers Avenue, 2nd floor, in Yonkers and open Monday, Tuesday, and Thursday from 3 pm to 7 pm and Wednesday and Friday from 3 pm to 5 pm. To learn more, please visit the hvbjsurgeons.com website!

Anthony Maddalo, MD, who joined HVBJ Surgeons in 1986, spent 28 seasons as Assistant Team Physician of the New York Rangers Hockey Club, and is currently team physician for Manhattan College, College of Mount Saint Vincent and The College of New Rochelle. Having served as Department of Surgery Chairman and Board Trustee at Phelps Hospital for 12 years, he offers cutting-edge treatment to athletes at all levels of play.

Gregg Cavaliere, MD, Department Chief of Orthopedic Surgery at Phelps Hospital since 2000, focuses on sports medicine with knee and shoulder specialties, and has pioneered minimally invasive knee ligament reconstructions at Phelps. He is team physician for Manhattan College, College of Mount Saint Vincent, and The College of New Rochelle. He served four years as the New York Islanders

Orthopedic consultant and remains involved in local sports functions.

George Pianka, MD, served as Chief of Hand Surgery at Lenox Hill Hospital in New York and Senior Attending at Phelps Hospital. With a focus on up-to-date innovations in hand surgery, he performs in-office minimally invasive surgical procedures under a local anesthetic with no incisions – techniques also used to correct trigger fingers and Dupuytren's Contractures with rapid return to normal activity.

Nicole Solomos, DO, board certified in Family Medicine/Sports Medicine, completed a residency in Family Medicine, serving as Chief Resident, followed by fellowship in Primary Care Sports Medicine at UMDNJ-Robert Wood Johnson where she attended to the athletes for two Division 1 Universities. Currently a team physician for Manhattan College and College of Mount Saint Vincent, Dr. Solomos treats recreational athletes, school-aged athletes, college athletes, and professional athletes.

Brigid Scesny, PA-C, with HVBJ Surgeons for over five years, has been a Physician Assistant for 12 years and earned a Master's degree in Physician Assistant studies from Massachusetts College of Pharmacy and Health Services in Boston. She specializes in Orthopedic Surgery, including sports medicine and joint replacement, and works as the team physician assistant at Manhattan College and The College of New Rochelle.

Pictured, seated, left to right:

Nicole Solomos, DO
Brigid Scesny, PA-C

Standing, left to right:
George Pianka, MD
Gregg Cavaliere, MD
Anthony Maddalo, MD



SPORTS MEDICINE

Hudson Valley Bone and Joint Surgeons

24 Saw Mill River Road
Suite 206
Hawthorne, NY
914.631-7777

819 Yonkers Avenue
Yonkers, NY
914.375-7777

www.hvbjsurgeons.com

Hudson Valley Bone and Joint Surgeons treat every patient like a pro with doctors dedicated to providing state-of-the-art treatment of sports injuries, shoulder and rotator cuff disorders, the performance of total joint replacements, as well as comprehensive care of foot and ankle problems and all disorders of the hand, wrist, and elbow. Our physicians offer the same personal attention received by the professional athletes, musicians, dancers, and actors they have treated for years.

George Burak, MD, a co-founder of the Practice and surgeon for 48 years, was Chief of Surgery at Phelps for eight years and former President of Westchester Orthopedic Society. He specializes in general orthopedics and assists his partners in the operating room.

Jay Robert Seebacher, MD, who replaced several thousand hips and knees over 30 years at HVBJSurgeons, now devotes his practice to the non-operative multifaceted treatment of adult arthritic knees. His customized, comprehensive approach focuses on reducing pain and inflammation while restoring strength, flexibility, vigor, and health, ideally putting surgery on hold.

Samuel A. Hoisington, MD, Medical Director of the Phelps Memorial Hospital Wound Healing

Institute, specializes in treating Upper and Lower Extremity Fractures and Foot and Ankle surgery. Adept at managing simple and complex fractures using minimally invasive techniques, he specializes in reconstructing the injured foot and ankle, ankle arthroscopy, tendon and ligament repair and reconstruction, and foot and ankle sports injuries.

Corey Burak, MD, a leading pioneer in anterior approach total hip replacements on the East Coast, has performed more than 2,500 successful total hip surgeries as well as minimally invasive knee replacements, computer and image guided surgeries, partial knee replacement, and revision of total joint replacements. He instructs and educates a vast audience of physicians.

Jason Hochfelder, MD, specializing in all aspects of hip and knee surgery, is trained in Makoplasty, a robotic-assisted partial knee replacement, hip arthroscopy, cartilage preserving and restoring procedures, and minimally invasive hip and knee replacements, including the anterior approach for hip replacements. Dr. Hochfelder, tailors treatments to each patient, exploring all aspects of non-operative management, including injections when appropriate, before recommending surgery.

Pictured, seated, left to right:
George Burak, MD
Jay Robert Seebacher, MD
Standing, left to right,
Samuel A. Hoisington, MD
Corey Burak, MD
Jason Hochfelder, MD