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WALK AND TALK

DR. NICOLE SOLOMOS

TUESDAY AUGUST 14, 2018



If you are interested in joining Dr. Solomos, please register by sending an email to:
surgeons@hvbjsurgeons.com

Please put your name in the subject line with the name of the event "Walk and Talk"

Enjoy the beautiful scenery at the Kensico Dam!

Take this opportunity to get out of the house and off the couch and take a step towards a healthier lifestyle!

Get out and get active with Dr. Solomos!

Meet Dr. Solomos at:

**1 Bronx River Parkway
Valhalla, NY 10595**

**We will be meeting in the parking lot at
5:30pm**

Tuesday, August 14th